



**JUNE 2021**

# NAVIGATOR NEWS

Monthly Newsletter of the PEI Community Navigators,  
an initiative of CBDC West Prince Ventures

## IN THIS ISSUE...

Welcome from  
Maxine Rennie  
**PAGE 1**

Western PEI  
Navigator Update  
**PAGE 2-3**

Central PEI  
Navigator Update  
**PAGE 4-5**

Eastern PEI  
Navigator Update  
**PAGE 6-7**

June Calendar  
**PAGES 8**



Individuals and families who choose to settle in rural PEI offer **incredible value to the communities that they settle**. In each of our numerous communities dotting the coastline or the inland rolling hills of our Island, you'll find a diverse group of community members who settled in PEI or were born as Islanders, **coming together to help each other and create a prosperous and fulfilling life in Rural PEI**.



**Message from Maxine Rennie  
Executive Director  
CBDC West Prince Ventures**

As the weather warms up and COVID restrictions begin to ease, we suggest to both new and longtime residents that they celebrate summer by exploring our Island's rural communities. Discover a new coffee shop in a community you may not have visited before; pack a picnic and enjoy the beauty of a town park; greet residents on the sidewalk and get to know the feel of PEI's small communities - you'll find they are full of hidden gems and alive with energy.

All the best for this summer season!

*~Maxine Rennie*

# What's going on in Western PEI!

## *Did you know...*

The Town of Alberton recently finished installing their new wheelchair accessible swing in the Stone Station Park at 11 Railway St, Alberton, PE C0B 1B0. Check it out!



## *DiverseCity is back again!*

Western PEI dates include Sunday, July 4th in Abrams Village & Sunday, July 11th in Alberton. Limited spaces/ virtual-part. For more information, email Mark at [diversecity@peianc.com](mailto:diversecity@peianc.com).



## *Employment Opportunity:*

We recently stopped by & had another wonderful meeting with Lokendra in Wellington, PEI. Originally from Nepal, he is the owner/ operator of Chez Island Family Restaurant!

Lokendra has an immediate need to **hire a cook!** Please contact him directly at (902) 954-0453 if you possess kitchen/cooking skills and interest in the position.

If you happen to be in the area, stop by and say hello or welcome to him! He is hopeful to have more full-time staff soon and be fully operational again, but in the meantime we want to send out a huge welcome and thank you for all you do for your new community!



Telephone: 902-853-3636

Email: [Scott.Smith@cbdc.ca](mailto:Scott.Smith@cbdc.ca)

Facebook Group - search for:  
Western PEI Community Navigator

Office: 455 Main Street  
Alberton, PEI





# What's going on in Western PEI!

## O'Leary:

- It's not too late... Registration for minor soccer is still open. Ages 4-13 (U-6, U-8, U-10, & U-13).
- Active start program for ages 2-4 will begin at the end of June.
- Sports Kids for ages 4-7 will soon begin, which introduces children to a different sport each week.
- Canada Day celebrations will be from 1 PM - 3 PM at Centennial Park in O'Leary on July 1st.
- The Potato Blossom Festival is from July 18th - 25th; plans are being finalized pending COVID rules.
- For more information: call (902) 859-1464 or email: [olearyrecreationoffice@gmail.com](mailto:olearyrecreationoffice@gmail.com)

## Did you know...

The provincial flower of PEI is the Lady Slipper!

The Lady's Slipper (*Cypripedium* sp) was made the official provincial flower on April 25, 1947. The orchid gets its name from the shape of its petals which look like a slipper. **June** is the best time to find The Lady's Slipper; it grows in shady woodlands. *These delicate flowers should not be picked or moved because they rarely survive a change of habitat.* If you'd like some tips on where to find some in Western PEI, reach out today!



## Building Inclusivity:

Have you noticed some additional new signs in the Western region of PEI? They share the original Mi'kmaq indigenous names of places!



**Contemporary Name:** Cape Egmont  
**Mi'kmaq Name:** Mntuapskuk  
**Pronunciation:** mn-dooahp-skoog  
**Mi'kmaq meaning:** Devil's Rock  
**Historical use:** Mi'kmaq campsite

## Have you heard...

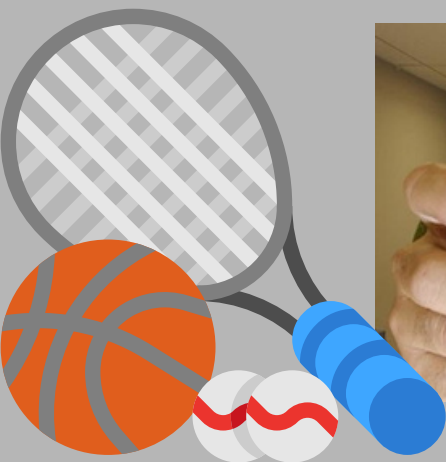
Western PEI has a new tiny library! Be sure to check it out! Open to all, the idea is that you take a book out to read and enjoy, and leave a book you've already finished reading and enjoying!

It is located in the parking lot at St. Anthony's Church in Bloomfield, PEI. (37947 Veteran's Memorial Highway - Route 2).



Fresh Lilacs EVERYWHERE!

# Introducing Jeff Ellsworth, Central Region Sport & Recreation Council & Community Navigator Steering Committee Member



Telephone: 902-598-7560

Peggy.Miles@cbdc.ca

Facebook Group – search for:  
Central PEI Community Navigator

Office: Kensington Town Hall (upstairs)  
55 Victoria Street East

Q1. What is your place of origin?  
Why have you chosen PEI as home?

*Born & Raised in St. Lawrence PEI, resided in Alberton for 15 plus years now living in Albany, PEI. I've traveled around the world playing & coaching softball and I must say **PEI is the best place on planet Earth to live and raise a family.***



Q2. What is your role with the CRSRC? How do you hope to be involved in the community through this role?

*My role with CRSRC is Executive Director. **My goals are to offer sport and recreational program to people of all ages with the focus on family events in 2021.** Each month we want to go and add events that will be staples within the different communities on an annual basis. We want to be looked upon as the main resource to get stuff done.*

Q3. Why did you choose to get involved in the Central PEI Community Navigator Project? Do you have some short, medium- or long-term visions of how the project can help the Central Region and overall wellness of its residents?

*The more avenues the CRSRC can branch into the more possibilities to offer first class programming. **The PEI Community Navigators Project assist Newcomers needs and we want to help offer and bridge the barriers when it comes to recreational and sporting needs.***

*(continued )*

Since Jeff began working with the association back in March, the CRSRC has been **collaborating with the communities** of Kensington, Borden-Carleton, Kinkora, Rustico, Bedeque and others.

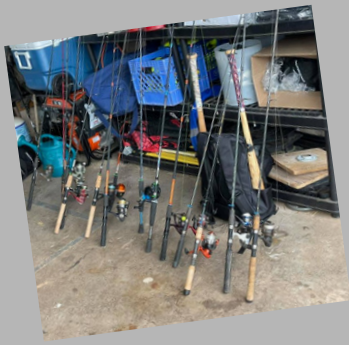
Events hosted so far have been **introductory sessions** on learning to run, pickleball, archery, ball hockey, spike ball, disc golf, bocce ball, soccer baseball, baseball, ultimate frisbee, and fishing!

Watch for Jeff and his summer staff out and about in rural, central PEI this summer.

And stay tuned for details on an event the **CRSRC and the Community Navigator** are **collaborating on this summer!**







Q4. Can you share ways that all residents can get involved in the activities of your association? What is the best way for them to engage with CRSRC?

**Watch our Facebook page for weekly & monthly events ([www.facebook.com/CRSRCPEI](https://www.facebook.com/CRSRCPEI)); we can be reached by our email address [crsrc@live.ca](mailto:crsrc@live.ca) and we are always open to ideas and suggestions.**

Q5. Is there anything else you want to share?

*Our board & staff are very passionate in growing the central region council and are here to help in any way we can. **We urge residents in the Central Region to contact us at any time if ever you have an idea, comment, or suggestion to make the council bigger and stronger.***



~ Jeff Ellsworth  
Central Region Sport & Recreation Council and  
Central PEI Community Navigator Steering Committee Member

## Let's Get Cooking & Crafting!

**The Central PEI Community Navigator still has openings for Newcomer Families to participate in a family activity on select Saturdays in June!**



Spaces are limited and families can sign up with the Central PEI Community Navigator.

**The adults will participate in a cooking lesson, while the children will be upstairs in the same building doing an art activity.** They will come together at the end of the afternoon to enjoy a meal together. Ideally kids will be 7-12 years of age.

Thank you to our partners, the PEI Association for Newcomers to Canada, la CIF and the River Clyde Pageant.



Telephone: 902-598-7560  
[Peggy.Miles@cbdc.ca](mailto:Peggy.Miles@cbdc.ca)  
Facebook Group – search for:  
Central PEI Community Navigator

Office: Kensington Town Hall (upstairs)  
55 Victoria Street East



## Our garden is growing!

The Central PEI Community Navigator has a GARDEN PLOT at Ross' Place, Kensington Community Garden.

Join us for weekly weeding & harvesting get-togethers, special events with garden experts and more!

Contact the Central PEI  
Community Navigator  
to get involved.



# 50 Beaches in Eastern PEI you can explore!

Hi, Lindee here! Talking a little bit about one of my favourite PEI activities! Staycations!

Have you ever seen the list of 50 beaches that the Points East Coastal Drive highlights? The Island East Tourism Group published this list along with a map and a helpful website- so that you can make the ultimate bucket list and get out on our back roads with a destination in mind.

Here are some favourites of mine, and a few that I've got on my own list this summer!

## Lindee's Favourite Beaches:

1. **Little Harbour Beach:** Award for softest sand with great views.
2. **Campbells Cove:** Award for best private campground/beach combination.
3. **Panting's Shore:** Award for best view of the PEI/NS Ferry Crossing!
4. **Savage Harbour Beach:** Award for best place to take golden hour photos!
5. **Brudenell Provincial Park:** Award for range of activities including beach, park, horseback rides, and camping.



Telephone: 902-969-5989

Lindee.Gallant@cbdc.ca

Facebook Group - search for:

Eastern PEI Community Navigator

Office: 544 Main Street, Montague

15 Green Street, Souris

(one day per week)

## Lindee's 2021 Beach Bucket List:

1. **Annandale Beach** in Annandale
2. **Chad's Road Beach** in Eglington
3. **French Village Road Beach** in French Village

---

**For a full list of all 50 beaches,** check out [www.pointseastcoastaldrive.com/50-phenomenal-beaches](http://www.pointseastcoastaldrive.com/50-phenomenal-beaches) or **request a map from Lindee!**

## Call for Volunteers!

Lindee has secured a **community garden plot** at the Hillcrest United Church, and has it planted for a bountiful harvest! However, **we need 15 volunteers to help water and weed the garden**. If you think you could help do the work- there's a big reward at the end of the season... **HARVEST!**

We've planted cucumbers, kale, spinach, radishes, beets, pumpkins, and more! Eventually, someone will have to harvest and eat these wonderful vegetables. **Will it be you?**

Email Lindee or message us on social media to **sign up today!**



---

## Thank you Shoreline Cleanup Volunteers!!!

52 amazing people gathered on Friday, June 11th for a 3 hour clean up of the Cardigan, Brudenell, and Montague Rivers, and we collected 2 trucks and 2 trailers worth of garbage from the beaches!!

Thank you to our Partners on this event: Town of Three Rivers, Southeast Environmental Association, and 3rd Degree Training!



Lindee and the Cardigan River Crew, and the final pile of garbage!







### June is Pride Month in Canada

It is a time when we celebrate diversity and 2SLGBTQ+ communities, acknowledge their history, the hardships they have endured, and the progress that has been made. 2SLGBTQ+ stands for two-spirit, lesbian, gay, bisexual, transgender, queer/questioning.



### June is Filipino Heritage Month

Proud of its rich heritage and history, Canadians of Filipino descent have made and continues to make outstanding social, economic, and cultural contributions to our community. Filipino Independence Day is on Saturday, June 12th and is traditionally celebrated with food, music, and shows.



### Sunday, June 20 | Father's Day

Father's Day is a holiday of honoring fatherhood, as well as the influence of fathers in society. Fathers are given gifts and often a special meal is hosted.



### Monday, June 21 | National Indigenous Peoples Day

An opportunity to learn more about the cultural diversity of the First Nations, Inuit, and Métis peoples. Turtle Island is a name for Earth or North America, used by some Indigenous peoples in Canada and the United States.



### Thursday, June 24 | Saint-Jean-Baptiste Day

A celebration of Francophone culture.



### Sunday, June 27 | Canadian Multiculturalism Day

Discover the various cultures that bring Canadian society to life.



### Thursday, July 1 | Canada Day

A federal statutory holiday often celebrated with parades, displays of the flag, the singing of the national anthem, "O Canada," and fireworks.

For information on **COVID-19 (coronavirus) in Prince Edward Island**, visit [www.princeedwardisland.ca/en/covid19](http://www.princeedwardisland.ca/en/covid19) or contact your Community Navigator to help you find the information you need.

### Book your COVID-19 vaccine appointment here:

<http://princeedwardisland.ca/getthevaccine>



### Did you know...The provincial flower of PEI is the Lady's Slipper!

The Lady's Slipper (Cypripedium sp) was made the official provincial flower on April 25, 1947. The orchid gets its name from the shape of its petals which look like a slipper. June is the best time to find The Lady's Slipper; it grows in shady woodlands. Please Note: These delicate flowers should not be picked or moved because they rarely survive a change of habitat.



CBDC Western PEI, West Prince Ventures Limited  
Street Address | 455 Main Street | Alberton, PEI  
Postal Address | PO Box 368 | Alberton, PEI | COB 1B0  
Telephone | (902) 853-3636



Email | [Info.CommunityNavigator@CBDC.ca](mailto:Info.CommunityNavigator@CBDC.ca)  
Website | [www.cbdc.ca/en/resources/contact-cbdc-west-prince-ventures](http://www.cbdc.ca/en/resources/contact-cbdc-west-prince-ventures)  
Like the PEI Community Navigators Facebook Page at  
[www.facebook.com/PEICommunityNavigators](https://www.facebook.com/PEICommunityNavigators)