



NOVEMBER 2020

NAVIGATOR NEWS

Monthly Newsletter of the PEI Community Navigators,
an initiative of CBDC West Prince Ventures

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Maxine Rennie

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Individuals and families who choose to settle in rural PEI offer **incredible value to the communities that they settle**. In each of our numerous communities dotting the coastline or the inland rolling hills of our Island, you'll find a diverse group of community members who settled in PEI or were born as Islanders, **coming together to help each other and create a prosperous and fulfilling life in Rural PEI**.



**Message from Maxine Rennie
Executive Director
CBDC West Prince Ventures**

The weather outside may be cooling down, but Community Navigator activities across the Province are just warming up. Whether it's working with our partners to deliver training sessions, collaborating with communities to host family skates and outdoor activities, or meeting each month with our regional steering committees, we are growing our presence in rural Prince Edward Island. Please follow us on social media - that is the best way to see what we are up to and how you can get involved. We look forward to seeing you at a Community Navigator activity soon!

~Maxine Rennie

October was a month of events in Western PEI!

Here are some of our activities within the community...

**Apple Picking with
Newcomers & New
Residents at
Arlington Orchards
on Saturday,
October 3rd!**



**Tignish's Family
Halloween Fun
Day, Sunday,
October 25th!**

**Western PEI
Community
Navigator Steering
Committee Meeting,
October 7th,
Mill River Resort.**



**Provincial Immigration
Pathways Session for
Employers with the
Summerside PEI
Office of Immigration.
October 28th at Mill
River Resort.**



Telephone: 902-853-3636
Email: Scott.Smith@cbdc.ca
Facebook Group - search for:
Western PEI Community Navigator

Office: 455 Main Street
Alberton, PEI

**Small Business Week:
October 19-23**



Meet Tina Richard -

Tignish Recreation Director and
Western PEI Community Navigator
Steering Committee Member!



Tina is the definition of welcoming! If you are ever lucky enough to get to work an event with her, you can feel her positive energy and friendly spirit from a mile away!

Born and raised in the Norway, PEI, Tignish has always been home for Tina. **She is passionate about her community and does everything she can to make it a better place for all.** She graduated from local high school, Westisle Composite, and then spent the next several years caring for seniors in their homes. Tina lived with the seniors as she cared for them and this allowed her see her potential to connect with people and really get to know who they are. Eventually, she and her husband started their family of four and they are proud to raise their kids in the community they called home...now Tina is excited to share this home with many others!

Tina has been the Tignish Recreation Director for two years and it has been an exciting position. Long before she took on this role, she was deeply involved in her community, having started coaching hockey at just 18 years old, volunteering for winter carnivals, Irish Moss Festivals, and Hockey Schools. Tina loves sports, both organizing and playing them! Over the last few years, she has noticed a positive change that their community is growing with many new residents and newcomers filling local labour shortages and moving into the community, now calling Tignish home.

Tina, why is it important to welcome newcomers and new residents to our rural communities? *"Everyone needs to feel comfortable. When people move here, it is for a reason...so we need to be welcoming, treat others fairly, equally, and be open & inviting to accept new people."*

Tina noted that it is nice to see people who are new to the community branching out into other jobs, as it gives you more of a chance to get to meet them and know them better. Newcomers and new residents are active with local activities and the hope is to continue to see this grow. **Tina understands the important role that sports play with cultural integration and so she hopes to see further integration amongst cultures playing together on teams or competitions playing against each other.** *"If a recreational hockey team is short a player, people want to be able to call on their neighbour, no matter how long they have lived in the area or where they come from, to come play on the team and have fun!"*

Looking ahead, Tignish will be planning a full day Christmas event on December 5th. Be sure to follow along on social media by adding the Tignish Recreation Director or checking the Western PEI Community Navigator Facebook Group for more details. There will be a "Not So Traditional Christmas Parade", where the floats are stationary and cars drive by. In closing, **if you are new to Tignish, Tina would love to meet you! Her door is always open at the Tignish Municipal office, so stop on by!**

Central PEI Community Navigator:



We've partnered with some great community organizations to bring you a number of fun activities in November & December!

For updates & registration links, join the Central PEI Community Navigator Facebook Group at:

www.facebook.com/groups/CentralPEICommunityNavigator



Fresh Air Friday Walk in Rustico Friday, November 20 at 10 am

Participate in the Rustico 300 Challenge, in honour of the 300th anniversary of the first French people on PEI.

A collaboration of the PEI Association for Newcomers to Canada, Conseil acadien de Rustico, La Coopérative d'intégration francophone de l'Île-du-Prince-Édouard, Central Region Sport & Recreation Council and the Central PEI Community Navigator!



Fresh Air Friday Walk on the North Shore

Friday, December 4 at 10 am (Tentative)

Presented by the PEI Association for Newcomers to Canada, the Rural Municipality of North Shore, and the Central PEI Community Navigator.



Afternoon Skate for New Residents Kensington Credit Union Centre Date to be announced soon.

If you're new, this skate's for you!

If you've never worn skates before, don't worry - we will be there to offer support!

A joint initiative from the Central PEI Community Navigator, Town of Kensington, and the Central Region Sport and Recreation Council.



We're working on some other **festive fun** in Central PEI over the coming weeks. **Follow along in the Facebook Group for all the details!**



Telephone: 902-598-7560

Peggy.Miles@cbdc.ca

Facebook Group - search for:
Central PEI Community Navigator

Office: Kensington Town Hall
(upstairs)
55 Victoria Street East



WELCOME BAGS ARE READY!

***Do you know a new resident
(or ARE you a new resident)?***

Community Navigators have welcome bags containing helpful literature and a few fun items for distribution to new residents in the area.

Contact the Navigator for
your region to make
arrangements!



Introducing Molly Johnson

of the Central Region Sport & Recreation Council,
Community Navigator Steering Committee, and
new resident of PEI

What is your place of origin? What brought you to PEI?

I am originally from Aurora, Ontario; a suburb of Toronto. I moved to Nova Scotia to complete my undergraduate degree at STFX, and it was there I fell in love with the East Coast! After graduation, I moved to PEI and have not looked back since.

What is your role with the CRSRC? How do you hope to be involved in the community through this role?

I am the Executive Director of the CRSRC. I help oversee sports and recreation activities across the central region, including planning, organizing and facilitating various events. I hope to increase levels of physical activity for islanders by creating accessible and inclusive programming for all.

Why did you choose to get involved in the Central PEI Community Navigator Project?

I hope to be able to offer support and assistance to various projects initiated by the Central PEI Community Navigator. This includes helping with projects related to not only sports and fitness, but overall well-being and healthy living.

As a newcomer to PEI myself, I have a lot to learn not only from the Steering Committee Members, but also from community members across the Island.

Is there anything else you want to share?

Never hesitate to reach out to me about any ideas you may have - I am always willing to listen 😊



Did you Know?

**The Visitor Information
Centre in Borden-Carleton is
open YEAR ROUND.**

If you are looking for PEI maps, attractions and information about exploring PEI, the helpful staff are there to assist. They are located at 100 Abegweit Drive in Gateway Village.



Want to connect with Molly and the CRSRC (Central Region Sport & Recreation Council)?

Facebook: Central Region Sports and Recreation Council

Instagram: CRSRCPEI

Twitter: crsrpei

crsrc@live.ca

Cell: 902-598-6661

Office: 902-863-3707

Meet Anthony of Aspect Eureka Metal Products

Anthony arrived in PEI in January of 2020, after applying through the Provincial Nominee Program and immigrating from Hong Kong. **His plan to move to PEI started years before his arrival**, and he is very happy to finally be able to open his shop and offer his new and innovative products to the East Coast of Canada.

The Aspect Eureka Metal Products Inc. shop is located at 5236 AA MacDonald Highway, Unit D, Suite B, in Montague. In local terms, the shop is in the building with H&R Block, on the right as you enter the town of Montague, across the street from Brudenell Auto and NAPA. It is at the end of the building, the door shared with another new business, Uneed Gifts.

Inside, you'll find a variety of metal products including shelving and household items, but their primary focus is metal ceiling tiles and wall access panels.

Lindee asked Anthony why he settled on opening his shop in Montague, and he said that Montague felt like it has potential for a niche business like this: homes look modern and stylish, and there are plenty of new buildings being built.

On a personal level, Anthony says his family loves it here. He and his wife have a house in Stratford, his son is happy and has lots of friends at school, and they're able to enjoy the slower pace of PEI life. The greenspace that PEI has to offer is high on his list of why PEI is so wonderful. *"Mooney's Pond is perfect, it is so beautiful. You don't need to go to Cape Breton to see all the colours [of fall]. It is the perfect place."*

Christine, seen in the photo, is the valuable staff member who usually greets you when you arrive, and when we spoke about what PEI life was like in respect to city life, this is what the two of them had to say: *"It is slower, less busy. We have time to make dinner here. We never had time to make dinner, so everyone always went out. Back home, your home is quite small so you cannot invite people to your home. Here [pre-pandemic], you can invite your friends to your home because you have space."*

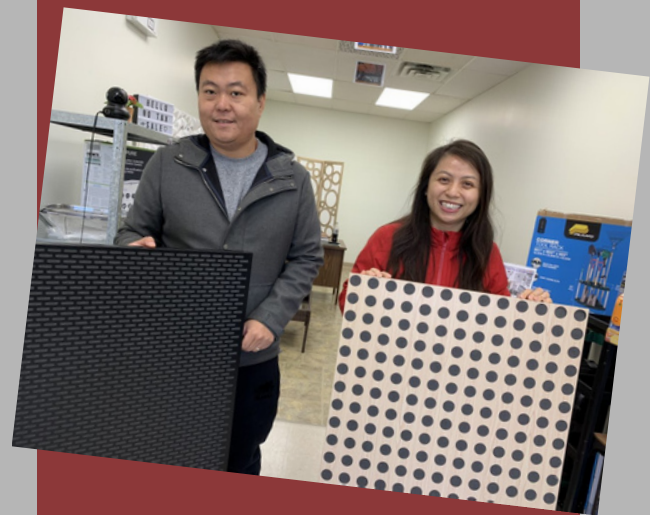
Next time you're in Montague, drop by to visit Anthony and Christine at Aspect Eureka Metal Products Inc!



Telephone: 902-969-5989

Lindee.Gallant@cbdc.ca

Facebook Group - search for:
Eastern PEI Community Navigator
Office: 544 Main Street, Montague
15 Green Street, Souris
(one day per week)



Events you'll want to check out
in Eastern PEI in November:



"I love to Skate" with GoEast PEI

Free skating program for ages 4-18 from November 10th in Murray River. Contact Jacob at ersrcinc@live.com to register. Spaces limited.

Nordic pole walking group with GoEastPEI

Starting October 29th for at least 8 weeks on Tuesdays & Thursdays at Dundarave. Contact Jacob at ersrcinc@live.com to register.

Community Pickleball

St. Peters Complex Mondays and Thursdays at 7pm.



50+ Chair Yoga

Souris Yoga and Wellness Studio, \$12 for 6 week program beginning October 27th. Tuesdays at 8:45am. Pre-registration required, Contact Thelma at 902-687-2652 to register.



Belfast Active Start

Programs for children age 2-5 with GOEastPEI. Contact Jacob at ersrcinc@live.com to register.

Souris Christmas Craft Fair

Friday, November 27 4-9 pm & Saturday, November 28th 1-5 pm. St. Mary's Hall.

Souris: A Children's Craft Session (ages 12-17)

Nov. 28, 2020 10 am-12 noon with Arlene MacDonald, limited space. Register at the Souris Town Hall 902-687-2157 by Nov. 20th .

Souris: Christmas Cooking Classes with Mama B's Spices

Sunday, November 29th 1-4 pm at Souris Legion. Pre-register & pay at Town Hall. \$30/class. Limited space. Deadline for registrations is Nov. 20, 2020.

Souris: Adult Paint Night with East Coast Art Party

Souris Legion.

Bar will be open Monday, November 30th 6:30-9:30 pm.

Purchase tickets on East Coast Art Party Facebook page.

Sponsored by Town of Souris



NEWSLETTERS

you need to sign up for!



PEI Business Women's Association

Features in person and online events and webinars for entrepreneurs, community organizations, and individuals on a variety of subjects such as. In the October 28th Newsletter you'll find events on Human Resources, Conscious Leadership, Women in Science!

Local municipal newsletters in your area - like the Souris Mousetales or Morell Matters.

Souris Mousetales is a digital and paper newsletter which features events happening in Souris, local deadlines and important information, and local business updates.

PEI Public Library Service's ENewsletter

Provides updates on programming & opportunities within the provincial library system.

PEI Community Navigator's Navigator News

Navigator News provides stories about new residents enriching our rural PEI landscape with their experiences, culture, and businesses. There are also stories about rural communities, important info for all residents, and resources listed within the pages.

NOVEMBER CALENDAR



Thursday, November 5 | Guy Fawkes Day

Guy Fawkes Day, also called Bonfire Night, British observance, celebrated on November 5, commemorating the failure of the Gunpowder Plot of 1605. Today Guy Fawkes Day is celebrated in the United Kingdom, and in a number of countries that were formerly part of the British Empire, with parades, fireworks, bonfires, and food.

Wednesday, November 11 | Remembrance Day

Canadians recognize Remembrance Day, originally called Armistice Day, every November 11. At 11 am, we observe a moment of silence to mark the sacrifice of the many who have fallen in the service of their country, and to acknowledge the courage of those who still serve. Many communities honour war veterans with a public Remembrance Day Ceremony - in consideration of COVID, many of these public celebrations have been cancelled for 2020, so please check with your municipality to see how they may be commemorating Remembrance Day.

Friday, November 13 | World Kindness Day

World Kindness Day is to highlight good deeds in the community focusing on the positive power and the common thread of kindness which binds us. For ideas on spreading kindness in your community, visit www.randomactsofkindness.org.

Saturday, November 14 | Diwali

Diwali is the Indian festival of lights, usually lasting five days and celebrated during the Hindu Lunisolar month Kartika. One of the most popular festivals of Hinduism, Diwali symbolizes the spiritual "victory of light over darkness, good over evil, and knowledge over ignorance".

Friday, November 20 | World Children's Day

United Nation's World Children's Day was first established in 1954 as Universal Children's Day and is celebrated each year to promote international togetherness, awareness among children worldwide, and improving children's welfare.

November 23 - 29 | Canada History Week

Canada History Week provides all Canadians with opportunities to learn more about the people and events that have shaped the great country that we know today. The theme for 2020 is environmental history. Take part in the discussion on social media using the hashtag #HistoryWeek2020

Sunday, November 29 | Advent Begins

Advent is observed in many Christian churches as a time of expectant waiting and preparation for the celebration of the Nativity of Jesus at Christmas.

Fresh Air Fridays

The PEI Association for Newcomers to Canada hosts a free 'Fresh Air Friday' walk every week in a different location (and plans to do this all winter). To sign up for future PEIANC events, visit <https://www.peienc.com>

Canada School - An orientation program to help newcomers adjust to life in Canada

A program of the PEI Association for Newcomers to Canada, this program is designed for newcomers to Canada who are new to PEI or have lived here for under two years, but all newcomers are welcome to participate. Contact Yvette at (902) 628-6009 ext. 226 or yvette@peienc.com.

COVID-19 (coronavirus) information for Prince Edward Island: www.princeedwardisland.ca/en/covid19

There is **no school** on the following dates: November 11, 12, 13, 20 and 27.



CBDC Western PEI, West Prince Ventures Limited

Street Address | 455 Main Street | Alberton, PEI

Postal Address | PO Box 368 | Alberton, PEI | COB 1B0

Telephone | (902) 853-3636



Website | www.cbdc.ca/en/resources/contact-cbdc-west-prince-ventures

Like the PEI Community Navigators Facebook Page at

www.facebook.com/PEICommunityNavigators